I hereby certify that this correspondence is being filed by depositing it with the United States Postal Service as first mail in an envelope with sufficient postage and addressed to MS: Fee Amendment, Commissioner of Patents, P.O. Box 1450, Alexandria VA 22313-1450 durie date indicated below.

15 3639

PATENT

Paper No.

File: Hinne-P3-01

Date: December 19, 2005

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Inventor : Michael Hinnebusch

Serial No. : 10/015,866

Filed : 12 December 2001

For : SYSTEM AND METHOD TO IMPROVE FITNESS

TRAINING

Group Art Unit : 3639

Examiner : NELSON, Freda Ann

Honorable Commissioner of Patents P.O. Box 1450 Alexandria, VA 22313-1450

TRANSMITTAL LETTER

SIR:

Transmitted herewith for filing in the above-identified patent application is the

following:

- 1. Corrected Amendment and Response;
- 2. Response to Notice of Non-Complaint Amendment;
- 3. Substitute Specification-Clean Copy of Paragraph 1 on Page 2;
- 4. Substitute Specification-Clean Copy of Paragraph 2 on Page 3;
- 5. Substitute Specification-Marked-Up Copy of Paragraph 1 on Page 2; and
- 6. Substitute Specification-Marked-Up Copy of Paragraph 2 on Page 3.

APPLICANT CLAIMS SMALL ENTITY STATUS. The Commissioner is hereby authorized to charge any fees associated with the above-identified patent application or credit any overcharges to Deposit Account No. 50-0235.

Please direct all correspondence to the undersigned at the address given below.

Respectfully submitted,

Date: December 19, 2005

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